

Knee Socks Quilt Block

by Elizabeth Hartman

Makes a 24" x 24" finished block.



Solids Version

Uses 12 larger scraps



Scrappy Version

Uses 40 smaller scraps

Inspired by fabulous 80's athletic socks, the bold stripes in this block are the perfect place to use large or small fabric scraps!

About the Block

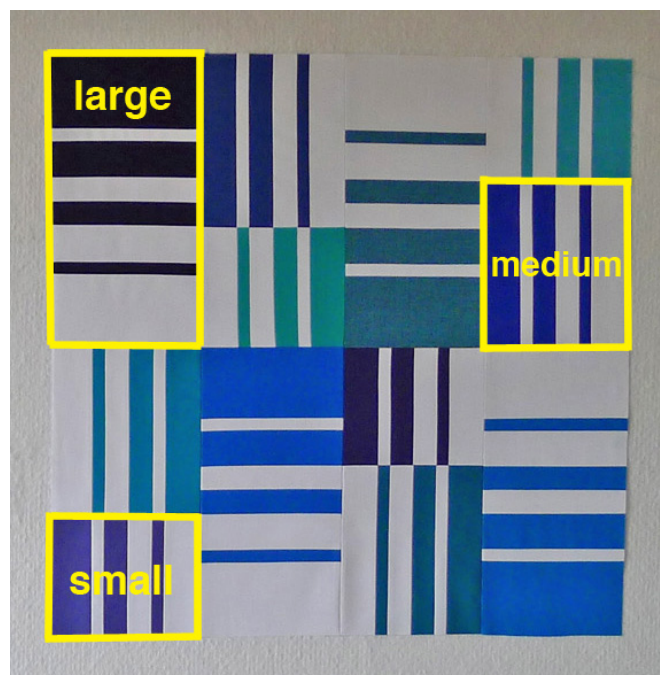
The Knee Socks block is made up of Large, Medium, and Small Block Components, each constructed with equal parts neutral solid background fabric and colorful fabric scraps.

To make 1 block, you'll need 14" of background fabric, at least 40" wide (1/2 yard if you're buying new fabric).

The colorful stripes in each block component can be made in 2 ways:

Solids Version: Make this version if you want to use 12 different colorful fabrics in your block. Each of your block components will be made with your background fabric and 1 of the colorful fabrics.

Scrappy Version: Make this version if you want every single stripe to be made from a different colorful fabric scrap. This version will allow you to use scraps as skinny as 1"!



Notes

Although I used solids for the Solids Version and prints for the Scrappy Version, either version could be made with print fabrics, solid fabrics, or a combination of the two.

This block uses the same number and size of background and colorful pieces so, if you would prefer to make your background from an assortment of neutral scraps, simply refer to the charts in the Colorful Scraps section below, cutting the same number of pieces of both colorful and neutral fabric scraps for each block unit.

Step 1: Cut the Background Fabric

Cut 1 strip $7\frac{1}{2}$ " x width of fabric. Subcut **4 strips each** in the following sizes: 2 " x $7\frac{1}{2}$ ", $1\frac{1}{2}$ " x $7\frac{1}{2}$ ", and 1 " x $7\frac{1}{2}$ ". Trim the remaining fabric to $5\frac{1}{2}$ " x width of remaining fabric. Subcut **4 strips each** in the following sizes: 2 " x $5\frac{1}{2}$ ", $1\frac{1}{2}$ " x $5\frac{1}{2}$ ", and 1 " x $5\frac{1}{2}$ ".

Cut 1 strip $6\frac{1}{2}$ " x width of fabric. Subcut **4 strips each** in the following sizes: $3\frac{1}{2}$ " x $6\frac{1}{2}$ ", 2 " x $6\frac{1}{2}$ ", $1\frac{1}{2}$ " x $6\frac{1}{2}$ ", and 1 " x $6\frac{1}{2}$ ".

Step 2: Cut and Sort the Colorful Scraps

Solids Version

This version uses 12 different colorful fabric scraps. Each of the block components will include the background fabric and 1 of the 12 colorful fabrics.

For this version, cut **4 each** of the following size fabric scraps:

Large Block Units	Medium Block Units	Small Block Units
8 " x $6\frac{1}{2}$ "	$4\frac{1}{2}$ " x $7\frac{1}{2}$ "	$4\frac{1}{2}$ " x $5\frac{1}{2}$ "

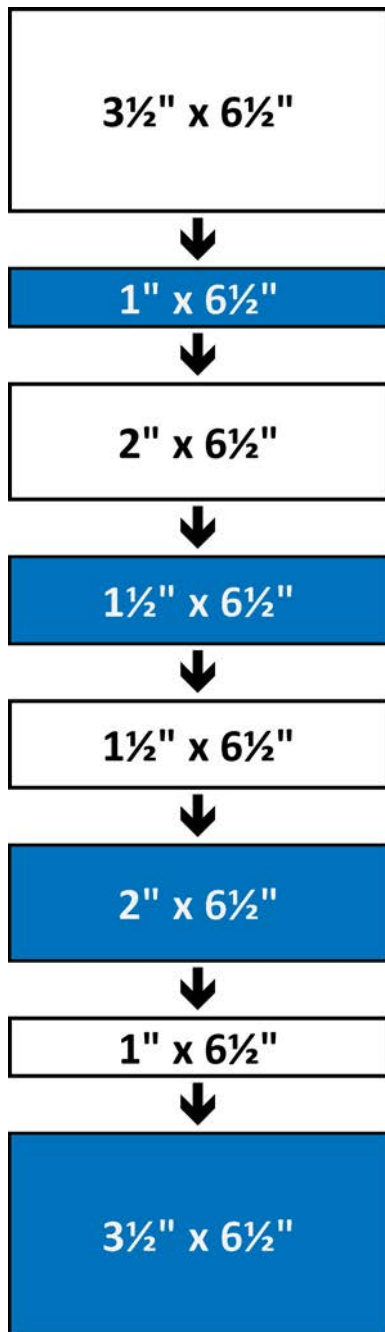
Cut each of the scraps into sets of strips the same size as those shown on the Scrappy Version chart below, taking care to keep each set together and separating the sets into "Large," "Medium," and "Small" groups.

Scrappy Version

In this version, every single stripe is made from a different colorful fabric scrap. For this version, cut **4 each** of the following sets of fabric scraps, making sure that the scraps in each set read as the same color. (For example, a set of pink scraps, a set of orange scraps, and so on.)

Large Block Units	Medium Block Units	Small Block Units
$3\frac{1}{2}$ " x $6\frac{1}{2}$ "	2 " x $7\frac{1}{2}$ "	2 " x $5\frac{1}{2}$ "
2 " x $6\frac{1}{2}$ "	$1\frac{1}{2}$ " x $7\frac{1}{2}$ "	$1\frac{1}{2}$ " x $5\frac{1}{2}$ "
$1\frac{1}{2}$ " x $6\frac{1}{2}$ "	1 " x $7\frac{1}{2}$ "	1 " x $5\frac{1}{2}$ "
1 " x $6\frac{1}{2}$ "		

As you cut your scraps, take care to keep each set together and separate the sets into "Large," "Medium," and "Small" groups.



Piecing instructions call for 1/4" seams with all seams pressed open. In the diagrams below, the white areas represent the background fabric. The colorful areas represent the colorful fabric scraps.

Step 3: Make the Block Units

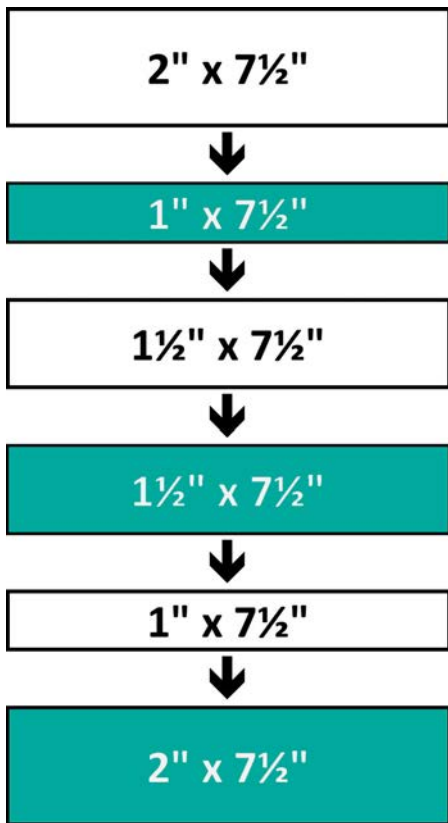
Make the Large Block Units.

Sew 1 Large set of colorful fabric scraps and strips of the background solid fabric together, as shown in the diagram on the left, to make 1 Large Block Unit.

Repeat this process with the 3 remaining Large sets of colorful fabric scraps and additional background fabric strips to make a total of 4 Large Block Units.



Large Block Unit



Make the Medium Block Units.

Sew 1 Medium set of colorful fabric scraps and strips of the background solid fabric together, as shown in the diagram on the left, to make 1 Medium Block Unit.

Repeat this process with the 3 remaining Medium sets of colorful fabric scraps and additional background fabric strips to make a total of 4 Medium Block Units.

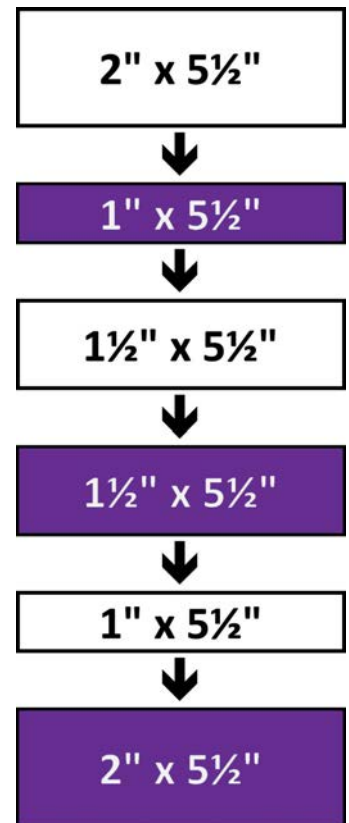


Medium Block Unit

Make the Small Block Units.

Sew 1 Small set of colorful fabric scraps and strips of the background solid fabric together, as shown in the diagram on the right, to make 1 Small Block Unit.

Repeat this process with the 3 remaining Small sets of colorful fabric scraps and additional background fabric strips to make a total of 4 Small Block Units.

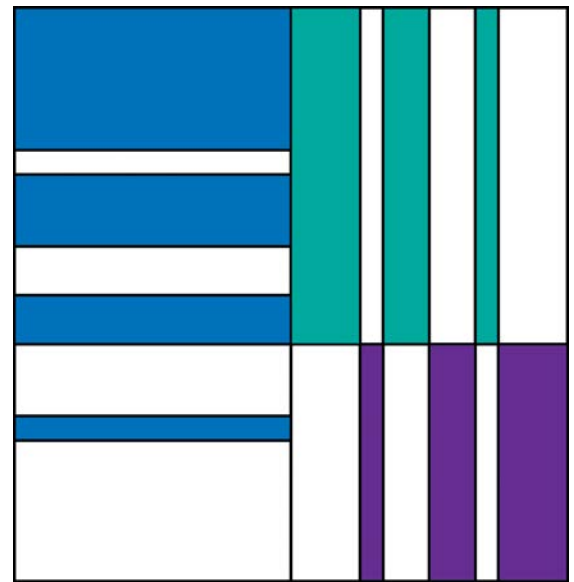
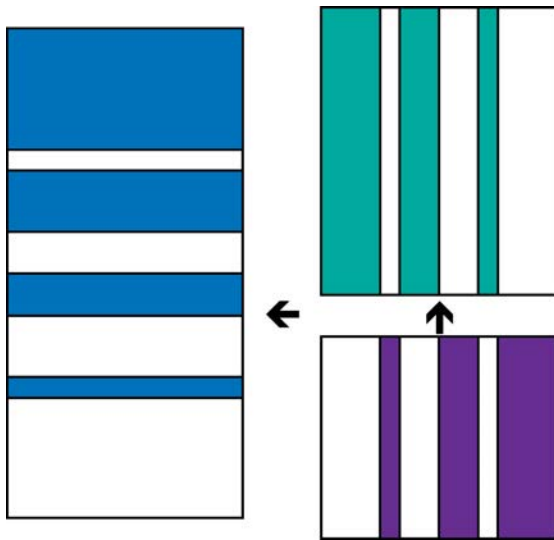


Small Block Unit

Step 4: Make the Block Quadrants

Make Quadrant A

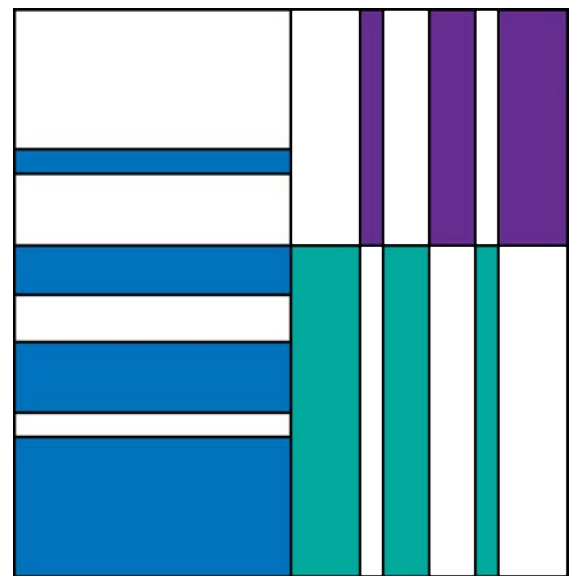
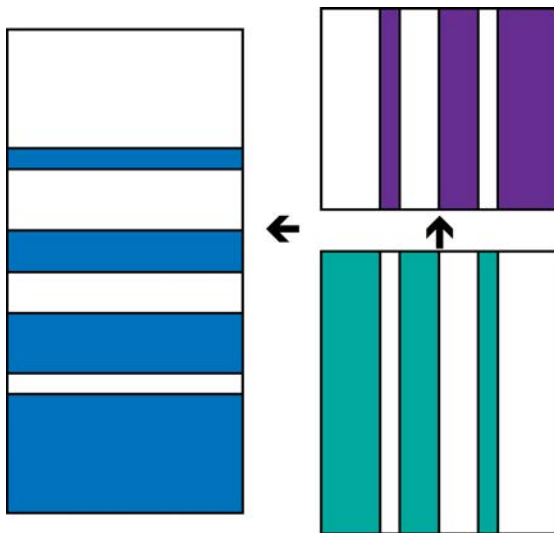
Sew 1 Large Block Unit, 1 Medium Block Unit, and 1 Small Block Unit together, as shown in the diagram below, to make Quadrant A.



Quadrant A

Make Quadrant B

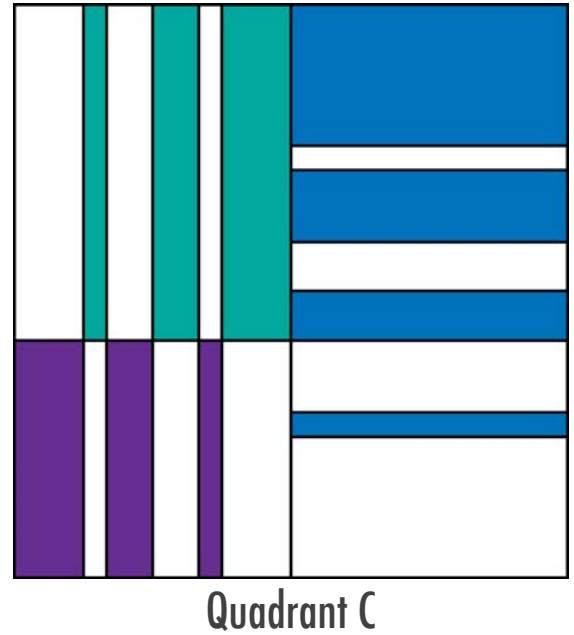
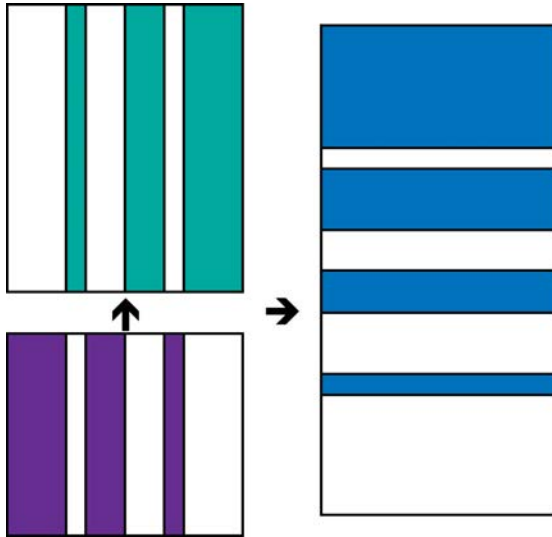
Sew 1 Large Block Unit, 1 Medium Block Unit, and 1 Small Block Unit together, as shown in the diagram below, to make Quadrant B.



Quadrant B

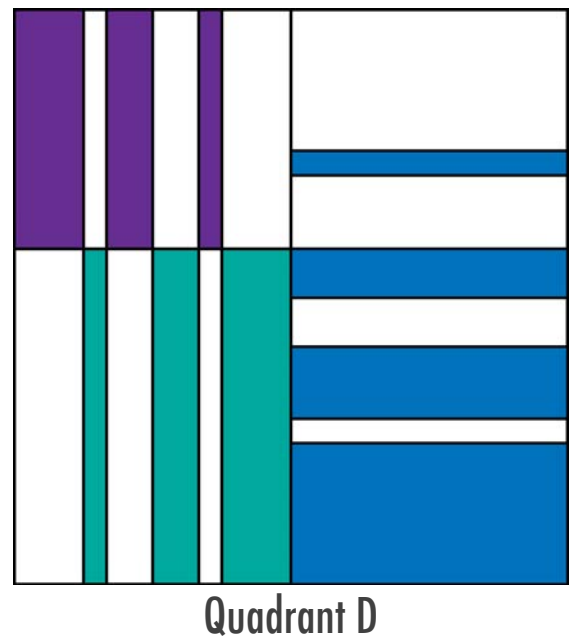
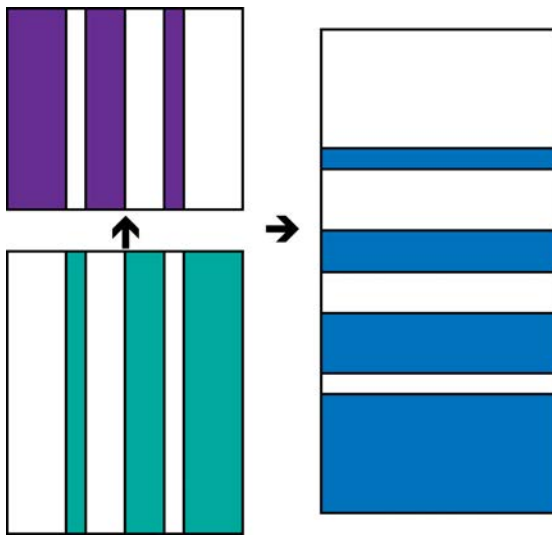
Make Quadrant C

Sew 1 Large Block Unit, 1 Medium Block Unit, and 1 Small Block Unit together, as shown in the diagram below, to make Quadrant C.



Make Quadrant D

Sew 1 Large Block Unit, 1 Medium Block Unit, and 1 Small Block Unit together, as shown in the diagram below, to make Quadrant D.



Step 5: Finish the Block

Sew Quadrants A, B, C, and D together, as indicated in the diagram on the right, to finish the block.

Your finished block should measure 24½" x 24½".

